NIGERIAN METEOROLOGICAL AGENCY Central Forecast Office (CFO) WEATHER OUTLOOK ISSUED ON 20.03.2025 AND VALID 00:00 21.03.2025 TO 23:59 23.03.2025

FORECAST OUTLOOK:

Friday 21st: Sunny skies in hazy conditions are expected over the Northern region throughout the forecast period with prospects of thunderstorm over parts of Taraba state during the afternoon/evening hours. Sunny skies with patches of clouds are anticipated over the North Central region with prospects of isolated thunderstorms envisaged over parts of Kogi and Benue states. Cloudy skies with intervals of sunshine are anticipated over the Southern region with prospects of morning thunderstorms over parts of Cross River, Rivers and Akwa Ibom states. Later during afternoon/evening hours, thunderstorms are expected over parts of Imo, Abia, Enugu, Anambra, Edo, Ondo, Oyo, Ogun, Rivers, Cross River, Bayelsa, Akwa Ibom, Delta and Lagos states.

Saturday 22nd: Moderate dust haze is anticipated over parts of Borno, Yobe, Jigawa, Adamawa and Bauchi states while the rest of the Northern region is expected to experience sunny skies in hazy conditions throughout the forecast period. Sunny skies with patches of clouds are expected over the North Central region throughout the forecast period. Cloudy skies with intervals of sunshine are anticipated over the Southern region with prospects of afternoon/evening thunderstorms expected over parts of Ogun, Rivers, Cross River, Bayelsa, Akwa Ibom, Delta and Lagos states.

Sunday 23rd: Moderate dust haze is anticipated over the Northern region throughout the forecast period. Sunny skies with patches of clouds are expected over the North Central region throughout the forecast period. Cloudy skies with intervals of sunshine are anticipated over the Southern region with prospects of afternoon/evening thunderstorms expected over parts of Rivers, Cross River, Bayelsa, Akwa Ibom, Delta and Lagos states.

Advisory:

- i. Temperatures are high over most parts of the country, putting people at risk of heat stress; people should stay in well-ventilated and cool spaces.
- ii. Drink plenty water to stay hydrated.
- iii. Avoid peak sun hours (12pm 3pm) and protect yourselves from undue exposure to direct sunlight.
- iv. People with respiratory issues especially in the Northern parts of the country should be cautious of the weather condition and take necessary precautions.
- v. Strong winds may precede the rains in areas where thunderstorms are likely to occur, public should take adequate precaution.
- vi. Airline operators are advised to get airport-specific weather reports (flight documentation) from NiMet for effective planning in their operations.
- vii. Residents are advised to stay informed through weather updates from NiMet. Visit our website www.nimet.gov.ng