

FORECAST OUTLOOK:

Tuesday 25th: Sunny skies are anticipated over the Northern region throughout the forecast period. Sunny skies with patches of cloud are anticipated over the North Central region with chances of afternoon/evening thunderstorms over parts of Kwara, Kogi and the Federal Capital Territory. Cloudy skies with intervals of sunshine are anticipated over the Southern region with prospects of morning thunderstorms over parts of Ogun, Lagos, Delta, Rivers, Bayelsa, Cross River and Akwa Ibom states. In the afternoon/evening hours, thunderstorms are expected over parts of Osun, Ogun, Ondo, Imo, Anambra, Ebonyi, Edo, Abia, Cross River, Rivers, Akwa Ibom, Delta, Bayelsa and Lagos states.

Wednesday 26th: Sunny skies are anticipated over the Northern region throughout the forecast period. Sunny skies with patches of cloud are anticipated over the North Central region with chances of afternoon/evening thunderstorms over parts of Kwara, Kogi and Benue states. Cloudy skies with intervals of sunshine are anticipated over the Southern region with prospects of early morning thunderstorms over parts of Osun, Oyo, Ogun, Ondo, Lagos, Delta, Cross River and Akwa Ibom states. In the afternoon/evening hours, thunderstorms are expected over parts of Osun, Ogun, Ondo, Imo, Enugu, Anambra, Ebonyi, Edo, Abia, Cross River, Rivers, Akwa Ibom, Delta, Bayelsa and Lagos states.

Thursday 27th: Sunny skies are anticipated over the Northern region throughout the forecast period. Sunny skies with patches of cloud are anticipated over the North Central region with chances of afternoon/evening thunderstorms over parts of Kwara and Kogi states. Cloudy skies with intervals of sunshine are anticipated over the Southern region with prospects of morning thunderstorms over parts of Cross River and Akwa Ibom states. In the afternoon/evening hours, thunderstorms are expected over most parts of the region.

Advisory:

- i. Temperatures are high over most parts of the country, putting people at risk of heat stress; people should stay in well-ventilated and cool spaces.
- ii. Drink plenty water to stay hydrated.
- iii. Get vaccinated against meningitis, practice good hygiene by washing hands regularly, avoid overcrowding in small spaces, use a nose mask to reduce chances of infection and avoid close contact with those affected.
- iv. Avoid peak sun hours (12pm 3pm) and protect yourselves from undue exposure to direct sunlight.
- v. Strong winds may precede the rains in areas where thunderstorms are likely to occur, public should take adequate precaution.
- vi. Airline operators are advised to get airport-specific weather reports (flight documentation) from NiMet for effective planning in their operations.
- vii. Residents are advised to stay informed through weather updates from NiMet. Visit our website <u>www.nimet.gov.ng</u>