



NIGERIAN METEOROLOGICAL AGENCY

Central Forecast Office (CFO)

WEATHER OUTLOOK ISSUED ON 30.03.2025 AND

VALID 00:00 31.03.2025 TO 23:59 02.04.2025

FORECAST OUTLOOK:

Monday 31st: Sunny atmosphere with few cloud patches is expected across the Northern region throughout the forecast period with chances of isolated thunderstorms over parts of Kaduna and Taraba States during the afternoon/evening hours. Sunny to partly cloudy atmosphere is anticipated over the North Central region during the morning hours with prospects of isolated thunderstorms over parts of Kwara, the Federal Capital Territory and Plateau state during the afternoon/evening hours. Over the Southern region, there are slim chances of morning thunderstorms over parts of Rivers, Cross River, Akwa Ibom and Bayelsa state. Later in the day, isolated thunderstorms are expected over parts of Imo, Oyo, Ogun, Ondo, Edo, Delta, Lagos, Rivers, Cross River, Bayelsa and Akwa Ibom state.

Tuesday 1st: Sunny skies with few clouds are anticipated over the Northern region throughout the forecast period with exception of Taraba and Kaduna state where isolated thunderstorms are expected in afternoon/evening period. Sunny skies with patches of clouds are expected across the North Central region in the morning. By the afternoon/evening period, localized thunderstorms are expected over the Federal Capital Territory, Nasarawa and Plateau States. In the Southern region, cloudy skies with spells of sunshine are anticipated with prospects of morning thunderstorms over parts of Akwa Ibom, Cross River, rivers and Bayelsa states. In the afternoon/evening hours, localized thunderstorms are expected over parts of Ekiti, Osun, Oyo, Ogun, Ondo, Edo, Imo, Enugu, Lagos, Rivers, Cross River, Akwa Ibom and Delta states.

Wednesday 2nd: Sunny skies with few patches of clouds are expected across the Northern region in the morning with prospects of isolated thunderstorms over parts of Taraba, Kaduna, Kebbi and Zamfara states in the afternoon/evening period. Sunny skies with patches of clouds are expected over the North Central region in the morning. Later in the day, isolated thunderstorms are anticipated over parts of the Federal

Capital Territory, Plateau, Benue, Niger, Kwara, Nasarawa and Kogi states. Across the South, cloudy skies with spells of sunshine are anticipated during the morning hours. Later in the day, isolated thunderstorms are expected over parts of Ekiti, Osun, Oyo, Ogun, Ebonyi, Imo, Enugu, Edo, Lagos, Cross River, Akwa Ibom, Delta and River states.

Advisory:

- i. Temperatures are high over most parts of the country, putting people at risk of heat stress; people should stay in well-ventilated and cool spaces.
- ii. Drink plenty water to stay hydrated.
- iii. Get vaccinated against meningitis, practice good hygiene by washing hands regularly, avoid overcrowding in small spaces, use a nose mask to reduce chances of infection and avoid close contact with those affected.
- iv. Avoid peak sun hours (12pm – 3pm) and protect yourselves from undue exposure to direct sunlight.
- v. Strong winds may precede the rains in areas where thunderstorms are likely to occur, public should take adequate precaution.
- vi. Airline operators are advised to get airport-specific weather reports (flight documentation) from NiMet for effective planning in their operations.
- vii. Residents are advised to stay informed through weather updates from NiMet. Visit our website www.nimet.gov.ng